



Presented by: Keystone History Tours

Dave Bredemus, Historian

& Tour Guide

Dear History Buffs and Tour Aficionados:

We are about to embark on a fresh tour season, presenting some exciting adventures with new fun, information, explorations and thrills!

Parking at West 7th Community Center:

Please park in the rows nearest to the tennis courts as possible, leaving the rows near the building for the constant day-to-day business of Center and Library guests.

Volunteering: There is a myriad of engaging volunteer opportunities available at Keystone Community Services. Some of our tour participants have inquired about opportunities to volunteer at the West 7th Community Center, or in some way, help with the tour program. Please call me (651-734-5578) if you are interested in this volunteer effort.

Tour Cancelation Policy:

To receive a refund (less any nonrecoverable costs [tickets, hotels, meals and air]), you must give notice:

- 30 or more days for day trips
- 45 or more days for overnight trips

Registration begins at 9:00 AM on Saturday, December 9, 2017.

Call 651-298-5493

Phone registration only.

Continues until tours are full.

Fees always include admissions, deluxe motor coach, lodging, all guides and historical narration. Food and beverages are included as specified in the descriptions.

Payment: Visa, Discover, or MasterCard. If paying by check, make payable to:

Keystone Community Services and mail to: West 7th Community Center – Tours

265 Oneida Street
Saint Paul, MN 55102

Pick-up sites for most tours are:

Best Western Shoreview Hotel (over-night parking)
1000 Gramsie Road, Shoreview

West 7th Community Center 265 Oneida Street, Saint Paul

1 - Minneapolis Churches & Sacred Places Thursday, February 1, 2018

Minneapolis is abundant in significant styles and architecture of church buildings. Churches that we will visit run the gamut of historical styles from Colonial, Middle Eastern, Swedish Modern, Gothic and Prairie Style – – diversity just as each belief system is different. We will have a chance to visit each church and learn about its interesting history and how the architecture reflects the diverse beliefs of each congregation.



Fee:	\$60	Pick-up times and sites:	Guide:
		9:30 a.m. Best Western Shoreview	Dave Bredemus
		10:00 a.m. West 7 th Community Center	
		4:30 p.m. Return	
	Cost inc	lludes bakery stop, lunch and church admissions.	

2 - Saint Paul Treasures of Today and Yesterday Tuesday, February 6, 2018



Treasures of today and years gone by will be explored in this amazing tour of Saint Paul. You will be exploring lesser known historic landmarks and hearing interesting stories about Saint Paul's unique history. Learn about National Historic Sites and cultural treasures of our capital city. We will visit a historic Saint Paul theater and tour the oldest German lager saloon in the Twin Cities.

A modern wonder of Saint Paul Urban Organics is on our tour agenda. Aguaponics Systems are recirculating aquaculture systems that incorporate the production of plants without soil. Fish are also produced and the fish waste is filtered out, and the remaining nutrient-rich water is used to grow plants for the Twin Cities market.

Fee:	\$50	Pick-up times and sites:	Guide:
		9:00 a.m. Best Western Shoreview	Dave Bredemus
		9:30 a.m. West 7 th Community Center	
		4:30 p.m. Return	
	(Cost includes bakery stop and admissions.	

3 - Savannah, Charleston, Jekyll and Saint Simon Islands Saturday, March 17, to Sunday, March 25

ESCAPE THE LAST DAYS OF WINTER WITH A TRIP TO THE WARM AND LUSH GREEN LANDS OF SOUTHEAST UNITED STATES!

Day 1: Travel takes us through Wisconsin to our final Day 1 destination in the Chicago Metropolitan Area. Along the way we will see some unique sites including touring the home of Ernest Hemingway in Oak Park, Illinois. We will also take a driving tour through Oak Park, Illinois to view the architecture of Frank Lloyd Wright. Dinner included.

Day 2: Our voyage continues through Indiana, Kentucky and Tennessee. We will stop at the Kentucky Artisan Center in Berea, Kentucky – a 20,000 squarefoot facility where you can explore Kentucky crafts, history, and shop for Kentucky-made products. Breakfast and dinner included.

Day 3: Scenery will be spectacular as we drive through the Great Smoky Mountains with a stop in Asheville,

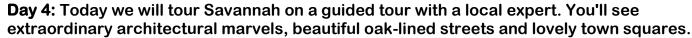


North Carolina to visit the Historic Biltmore

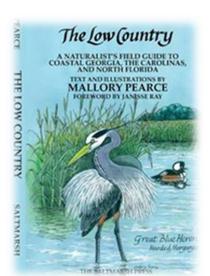
Village with its shops and New England style buildings. Lunch today is included in Biltmore Village. Guided tour of Asheville, North Carolina features more Art Deco architecture than any other southern city outside of Miami Beach. We will see the magnificent Saint Lawrence Basilica in Asheville. Later we

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arrive in Savannah, Georgia for our four-night stay. Breakfast and dinner included.



You will have hop on-hop off privileges on



our trolley for the whole day in Savannah. Enjoy free time on historic River Street, featuring unique 18th century ballast stone streets and 19th century cotton warehouses that are now home to fine



eateries, unique shops and antique galleries. Breakfast and dinner included.



Day 5: We will visit the Low Country of Georgia and have a guided tour of the famous Saint Simons Island. We will stroll along moss-draped oaks and shop at the interesting specialty shops in the historic area. Later, we will take a guided tour of Jekyll Island, where we will view how the nation's wealthiest citizens, like J.P. Morgan and William Rockefeller, lived and played – including a stop at what was once the exclusive Millionaires Club. Breakfast and dinner included.

Day 6: Charleston, South Carolina (a favorite city in the South) will be explored. Charleston's history dates

> back as far as the 1600s and our local guide will help us interpret its



rich history. Next, we will take a cruise and enjoy the beauty of the Charleston Harbor. During the scenic and relaxing harbor cruise you will see over 75 landmarks and points of interest. Breakfast and dinner included.

Day 7: Leaving Savannah we travel to the South Carolina State Museum in Columbia, South Carolina. The highlight of the day will be a visit to the Robert Mills House in Columbia. Robert Mills was one of the most famous architects in US history he has designed many of our national landmarks in Washington, DC. His home is a National Historic Landmark and the house is set in a lush landscape with many gardens for us to visit this spring. Breakfast and dinner included.

Day 8: Today our destination is the Chicago Metropolitan Area. City tour of Louisville, Kentucky and a visit to the Kentucky Derby Museum will be the highlights for the day. Breakfast and dinner included.

Day 9: Final travel day with a visit to a historic Chicago church on this Sunday. Breakfast and lunch included.

Fee:	Pick-up times and sites:	Guide:
Double occupancy \$1285 Single occupancy. \$1585 Triple occupancy. \$1230	7:00 a.m. Best Western Shoreview 7:30 a.m. West 7 th Community Center 8:00 p.m. Return	Dave Bredemus *

Cost includes all transportation, hotels, tour admissions and local guide gratuities, as well as, all breakfasts, 2 lunches and 8 dinners. Full payment due December 31, 2017; \$300 deposit due at registration.

^{*} Local guides in Charleston South Carolina, Savannah Georgia, Jekyll Island Georgia, and Saint Simon Island Georgia.

4 - Mystery Pilgrimage Tour

Monday, May 14, 2018 to Saturday, May 19, 2018

This tour program will take us to where it all began. All the sites that we will be visiting will be new to our travelers. See Irish fieldstone fences, covered bridges, scenic back roads, slave cabins and hundreds of National Historic Sites. Visit one of the most unique agricultural areas in United States. Visit with some of the greatest athletes in United States history and tour their homes. Learn about and visit a 1700s village of shops, museums and history, that at one time was considered to be the capital of United States. Visit the home of a president that we have never toured on our tours. Visit a home that changed the course of history and changed race relations in America. Tour the home of the most controversial first lady in US history. City tours of two of the most historic large towns in the heartland of America. Visit a religious community that was so successful it died out. See some of the greatest landmarks of the Protestant Church in America. See wild animals and marine life. Join us on this trip to the very beginning.

Fee:		Pick-up times and sites:	Guide:
Double occupancy	T	7:00 a.m. Best Western Shoreview	Dave Bredemus
Single occupancy \$	1275	7:30 a.m. West 7 th Community Center	
		9:00 p.m. Return	
Cost includes 5 breakfa	sts 5 dinner	s 1 hakery stop 5 nights lodging all admissions at m	useums and historic

Cost includes 5 breakfasts, 5 dinners, 1 bakery stop, 5 nights lodging, all admissions at museums and historic homes. \$200 deposit is due at registration; balance is due March 1, 2018.

5 - Mennonite and Amish Tour of Northern Iowa Wednesday, June 6

For many people a trek to the Mennonite and Amish Greenhouses in Chickasaw County, Iowa imparts lush and vibrant flower arrangements for a great price. Located on family farms, these greenhouses are famous for their volume and artistic touch. The bottom of the bus will provide ample storage for our flower purchases. We will tour a famous art museum and home of a famous suffragette from Iowa, as well. We will visit churches, historic sites and unique shops in this part of Iowa.



Fee:	\$85	Pick-up times and sites:	Guide:	
		7:30 a.m. Best Western Shoreview	Dave Bredemus	
		8:00 a.m. West 7 th Community Center		
		8:00 p.m. Return		
	Cost includes bakery stop, lunch and museum entrance.			

6 - Minnesota River Valley Gems

Wednesday, June 13, 2018

Travel by coach bus along the river soaked in Minnesota history. Visit and tour the historic towns of Carver, Chaska, Jordan and Shakopee. Tour the historic district of Carver, Minnesota and see a collection of 100 commercial, religious, and residential structures from a 19th century Minnesota River town. Tour a Moravian Church in Chaska and a spectacular Catholic Church in Shakopee, Minnesota. Visit the restored Jordan, Minnesota brewery and the town's historic district. Explore the Scott County Historical Society Museum and the adjacent 1908 Stan's house. Expect free time to sightsee the antique shops, an 1875 saloon and the largest candy store in Minnesota!

Fee:	\$70	Pick-up times and sites:	Guide:
		8:30 a.m. Best Western Shoreview	Dave Bredemus
		9:00 a.m. West 7 th Community Center	
		4:30 p.m. Return	
	(Cost includes admissions, bakery stop, and lunch.	'

7 - Vistas and Valley River Tour and 1840s Rendezvous Saturday, June 16

Travel by Coach Bus as we explore the Great River Road through Minnesota, Iowa and



Wisconsin to our destination in Prairie du Chien, Wisconsin for its 1840s Rendezvous. The Rendezvous is the biggest in the Midwest, as it recreates life as it was back in the 1840s with fur traders, Indians, soldiers and adventures - a once in a lifetime event to visit. Sites along the way read like chapters in American history: ancient Indian burial mounds, villages on either side with fine examples of Gothic architecture, beautiful scenery, abundant wildlife and spectacular

overlooks. We will tour the quaint and historic river towns of Lansing, McGregor and Marquette, Iowa and Prairie du Chien, Wisconsin. We will enjoy a river excursion into the backwaters of the Mississippi River as we learn about the fishing, clamming, transportation and wildlife history of the river with a local guide. We will see bald eagles' nests, waterfowl and tropical birds encased in magnificent scenery around every bend of the mighty Mississippi. This is a long day but no hotels are available within 150 miles of this event, so we will enjoy the scenery traveling along the Mississippi River.

Fee:	\$100	Pick-up times and sites:	Guide:	
		7:00 a.m. Best Western Shoreview	Dave Bredemus	
		7:30 a.m. West 7 th Community Center		
		10:00 p.m. Return		
	Cost includes admissions, boat ride, lunch, local guide and bakery stop.			

8 - West Side Story: A Tour of St Paul's Historic West Side Monday, July 9

Discover one of Saint Paul's most distinct and diverse neighborhoods – a city within a city - embodying a complex mix of ethnic enclaves, industrial districts, working class homes and magnificent mansions. The West Side is home to generations of immigrants, historic churches, pioneer businesses and an array of notable characters. Join us in exploring Saint Paul's premier river bluff neighborhood and enjoy a close up look at this city within a city that is so rich in history.



Fee:	\$35	Pick-up times and sites:	Guide:
		6:00 p.m. Shoreview Hampton Inn/Best Western	Dave Bredemus
		6:30 p.m. West 7 th Community Center	Gary Brueggemann
		9:00 p.m. Return	
		Cost includes motor coach transportation.	

9 – Alexandria ... Vikingland Tour *Tuesday, July 10*



The tour will begin with a visit to the Douglas County Historical Society and a tour of the restored Knute Nelson Home. Originally from Voss Norway, Knute Nelson was elected as the first Norwegian-born Minnesota governor in 1892. We will tour Alexandria's famous Silk Stocking and Lakes districts and see its historic homes and cabins. A visit to Kensington Rhinestone Museum and historic Fort Alexandria is included.

We will have free time to visit the many antique shops and stores in downtown Alexandria. A visit with lunch to Roers Historic Bakery is included.

Fee:	\$90	Pick-up times and sites:	Guide:
		8:30 a.m. West 7 th Community Center	Dave Bredemus
		9:00 a.m. Best Western Shoreview	
		8:30 p.m. Return	
Cost includes bakery stop, lunch and museum admissions.			

10 - Prairies Edge and Andrew Volstead Tour

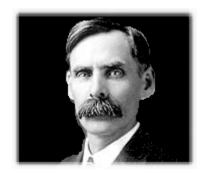
Wednesday, July 11



Enjoy your drive through the farmlands and towns of western Minnesota to Granite Falls, Minnesota on the edge of the prairie. Granite Falls is located in three Minnesota counties: Yellow Medicine, Renville and Chippewa Counties. In Granite Falls we will tour the home of Andrew Volstead and the Granite Falls Historical Society. Volstead became nationally synonymous with prohibition in 1919 and his house is listed as a National Historic Landmark. Also included

is a walking tour of prohibition

sites in downtown Granite Falls. Historic sites we will see traveling to western Minnesota are located in Olivia, Sacred Heart, Glencoe, Norwood Young America and Hutchinson. See the spectacular Saint Aloysius Catholic church, highlighted on Jason Davis's TV show, *On The Road*, 1876 Methodist Church, and Goodnow House, a prairie style gem to name a few. Visits to the Fagen Fighters World War 2 Museum and Bongards' Creamery are included on the way home.



CONGRESSMAN ANDREW J. VOLSTEAD

Fee: \$85	Pick-up times and sites:	Guide:
	8:00 a.m. Best Western Shoreview	Dave Bredemus
	8:30 a.m. West 7 th Community Center	
	8:00 p.m. Return	
Cos	t includes lunch, bakery stop and museum fees.	

11 - Scenic and Historic Tour of Lakes, Streams and Waterways of Minneapolis

Tuesday, July 17

Landscape architect, Horace Cleveland, designed the Minneapolis parks, lakes and boulevards in 1883 with his Grand Round system. On a summer night people don't just admire the lakes and waterways, but they use them. Be



part of our summer evening of history and

people-watching. We will visit and learn about the history of Lakes Hiawatha, Nokomis, Diamond, Harriet, Calhoun, Lake of the Isles, Cedar and Powderhorn of Minneapolis. We will also see all the improvements and learn the history of Minnehaha Falls, while enjoying popcorn or an ice cream treat.

Fee:	6:00 p.m. Best Western Shoreview 6:30 p.m. West 7 th Community Center	Guide: Gary Breuggemann
	9:00 p.m. Return	

TOURS ON PAGES 9-11 ARE NOT SPONSORED BY KEYSTONE HISTORY TOURS.

12 - Tropical Costa Rica: An Eco-Adventure with Dave Bredemus April 8-20, 2018, 13 Days

Join Dave Bredemus on another custom-designed travel experience perfect for the seasoned traveler looking for an active adventure. Costa Rica is a natural wonder, a tropical paradise brimming with exotic plants and animals, lush tropical rain forests, stunning waterfalls and a spectacular coastline.

Quetzal, national bird found Monteverde

- Begin the adventure with two nights at a resort in Tacacori, a rural village in the foothills of Poas Volcano, set in one of the most scenic coffee growing regions in Costa Rica.
- Travel by boat to Tortuguero, an area of the Caribbean
 Midwest where the green tortoises come to lay their
 eggs. Enjoy three nights at an eco-lodge exploring the
 canals of Tortuguero National Park and Tortuguero village by boat. Free time to enjoy the
 beautiful natural surroundings, hiking, kayaking or relaxing.
- Spend a night at a rainforest lodge in Sarapiqui, one of the most biologically active areas of the country. Take part in an indigenous cooking class and chocolate tour and discover how the native vegetables and plants contribute to the unique flavors of Costa Rican cuisine.
- 4 Enjoy two nights at a resort in La Fortuna, gateway to the magnificent Arenal Volcano.
- ♣ Embark on a hanging bridges hike followed by a tour of Vida Campesina to see a glimpse of life in the Costa Rican countryside with a farming family.
- ♣ Travel to the Monteverde Cloud Forest, the most well- known cloud forest in the world for its wide variety of biodiversity, for a two-night stay at a mountain resort.
- Enjoy a morning walk of the Monteverde Cloud Forest Biological Reserve to discover a different ecosystem active in the morning.
- Descend from Monteverde on a drive of beautiful panoramic views of the Gulf of Nicoya and the Pacific Ocean to Manuel Antonio for a two-night stay which begins with a sunset catamaran tour. Manuel Antonio features a combination of tropical forests, beaches and coral reefs, providing home to sloths, iguanas, monkeys and millions of colorful marine creatures. Hike in Manual Antonia National Park, the highlight of Costa Rica's Mid-Pacific region.
- Spend the final night of this adventure in San Jose and visit the National Theatre and the Pre-Columbian Gold Museum.





Sloth hanging from trees of the rain forest

Monteverde Cloud Forest Reserve

This comprehensive and customized travel program includes leadership and teaching by Dave Bredemus, international airfare on Delta Air Lines from Minneapolis/St. Paul to San Jose, 12 nights of accommodations in a combination of eco-lodges, resorts and unique hotels, total of 24 meals, all touring with professional tour manager and many local guides, entrance fees, gratuities, taxes and basic travel insurance. Cost for double occupancy is \$4,375 based on a group size of 26-32. Single supplement room available and limited.

For further information contact Dave Bredemus at 651-734-5578, davebredemus@gmail.com.

Travel arrangements and registration are through Seminars International and not through Keystone Tours. To receive the electronic brochure via email with all details including cost,

inclusions and registration instructions, email Melanie at melanie@semint.com.

Registration for this tour is open and will likely fill quickly. Upon receipt of brochure, registration is confirmed once online registration form is completed and \$600 deposit is received by Seminars International. This is a physically active, nature based program. To fully experience this program, participants need to have good mobility and stamina.



La Fortuna Waterfall

[THIS TOUR IS A PAID ADVERTISEMENT FOR SEMINARS INTERNATIONAL, INC. AND NOT SPONSORED BY KEYSTONE COMMUNITY SERVICES.]







13 - Scandinavian Odyssey with Dave Bredemus - September 2018



Dave is planning a customized travel experience to discover the beauty and history of Scandinavia for September 2018 featuring visits to **Copenhagen**, **Stockholm and Bergen plus an overnight in the fjords**.

Travel arrangements and registration are through Seminars International and not through Keystone Tours. To be placed on the interested list to receive the electronic brochure via email when registration opens, please email Melanie at melanie@semint.com.

The registration brochure, when available in early November, will include all the details of this program including cost, inclusions and registration instructions. Tentative departure date is September 5, 2018.



Tour features overnight along the Hardangerfjord at the Brakanes Hotel



Norway's fjord country



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CONNECTING OUR COMMUNITY

Saint Paul. MN 55102

KEYSTONE HISTORY TOURS265 Oneida Street

Return Service Requested

Dated Material

IMPORTANT – PLEASE READ

Tours are under the management of Keystone Community Services, which acts as agent in arranging for transportation, hotel accommodations, sight-seeing, and other services, as described in this brochure. Therefore, we shall not be liable or responsible for any loss, injury, damage, accident, delays or cancellations of or changes in itinerary, schedule or accommodations caused directly or indirectly from acts of God, fire, strikes, acts of governments or civil disturbances, riots, thefts, pilferage, any act or default of any company or person engaged in transporting the passenger or rendering any other service or carrying out the arrangements of any tour, or by the act of default of any hotel proprietor or servant. The right is reserved to alter the itinerary or schedule at any time, with or without prior notice, if in the opinion of the operator such an adjustment is necessary or desirable. Keystone Community Services reserves the right to decline to accept or retain any person as member of any tour should such person's health, mental or physical condition or general deportment impede the operation of the tour or the rights, welfare or enjoyment of other passengers and a refund of recoverable unused land tour services is the limit of the agent's liability should such a person be required to terminate the tour. No refunds will be granted for any unused portions of this tour unless arranged with the operator's approval in writing in advance. Meals, gratuities, entertainment and tax are not included in tours unless specifically stated. Fares quoted herein are based on those rates in effect at the time of the printing of this brochure and while no changes are anticipated, fares are subject to change without notice.