

August 2023 Events

MP Merriam Park **W7** West 7th

MW Both Locations



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Fit & Fabulous 12:30 Fiberazzi 4:00 Key-Fest!! 11:00 ZOOM: Word Games	31 12:30 Krafters 10:00 History Tour #4 12:30 Fiberazzi 1:00 ZOOM: Social	2 9:30 Fit & Fabulous 12:30 Cribbage 3:00 Ask the Lawyer	3 9:30 Bridge I 12:30 Bridge II 9:30 Fit & Fabulous 10:30 TED Talks 2:00 Dice Games	4 10:30 Scrabble 10:00 Fare For All 12:30 Cards
1:00 COMPAS Art Class: You Made it From What! <i>(Karlene is on vacation this whole week! No Fit and Fab this week)</i>	8 12:30 Krafters 12:30 Fiberazzi 9:00 Off-Site: Coffee with the Guys	9 12:30 Cribbage 9:00 Outdoor Yoga/ T'ai Chi Class	10 9:30 Bridge I 12:30 Bridge II 9:30 Health Care Counseling 5:30 Book Club	11 10:30 Scrabble 12:30 Cards
14 9:00 Foot Care with Nicole 9:30 Fit & Fabulous 11:00 ZOOM: Word Games	15 12:30 Krafters 12:30 Fiberazzi 1:00 ZOOM: Social	16 9:30 Health Care Counseling 9:30 Fit & Fabulous 12:30 Cribbage 8:00 History Tour #5	17 9:30 Bridge I 12:30 Bridge II 9:30 Fit & Fabulous 11:00 Bingo <i>(also on Zoom)</i> 2:00 ZOOM: Dice Games	18 10:30 Scrabble 12:30 Cards All Keystone Sites will be closed this afternoon for an employee appreciation picnic.
21 9:30 Fit & Fabulous 11:00 ZOOM: Word Games	22 12:30 Krafters 12:30 Fiberazzi 1:00 ZOOM: Social	23 9:30 Fit & Fabulous 10:00 Community Sing-Along 12:30 Cribbage	24 9:30 Bridge I 12:30 Bridge II 9:30 Fit & Fabulous 2:00 ZOOM: Dice Games	25 10:30 Scrabble 12:30 Cards
28 9:30 Fit & Fabulous 11:00 ZOOM: Word Games	29 12:30 Krafters 12:30 Fiberazzi 1:00 ZOOM: Social	30 9:30 Fit & Fabulous 12:30 Cribbage	31 9:30 Bridge I 12:30 Bridge II 9:30 Fit & Fabulous 2:00 ZOOM: Dice Games	

September 2023 Events

MP

Merriam Park

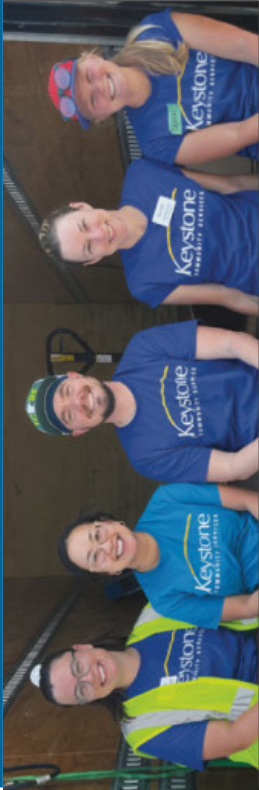
W7

West 7th

MW

Both Locations



MONDAY		TUESDAY		WEDNESDAY	THURSDAY	FRIDAY
						
4 Happy Labor Day KEYSTONE CLOSED		5 9:15 Pickleball 11:00 Arthritis Exercise 12:30 Krafters 12:30 Fiberazzi 3:00 Cremation Seminar 1:00 ZOOM: Social		6 9:15 Pickleball 9:30 Foot Care with Joan 9:30 Fit & Fabulous 12:30 Cribbage 3:00 Ask the Lawyer	7 9:15 Pickleball 9:30 Bridge I 11:00 Arthritis Exercise 12:30 Bridge II 9:30 Fit & Fabulous 10:30 Ted Talks 6:30 Live Music Performance 2:00 ZOOM: Dice Games	1 10:30 Scrabble 12:30 Cards
11 9:15 Pickleball 9:30 Fit & Fabulous 1:00 Journaling Into Fiction Class 11:00 ZOOM: Word Games		12 9:15 Pickleball 11:00 Arthritis Exercise 12:30 Krafters 12:30 Fiberazzi 1:00 ZOOM: Social 9:00 Off-Site: Coffee with the Guys		13 9:15 Pickleball 9:30 Fit & Fabulous 12:30 Cribbage 1:00 History Tour #6	14 9:15 Pickleball 9:30 Bridge I 9:30 Health Care Counseling 11:00 Arthritis Exercise 12:30 Bridge II 9:30 Fit & Fabulous 5:30 Book Club 2:00 ZOOM: Dice Games	15 10:30 Scrabble 12:30 Cards
18 9:15 Pickleball 9:30 Fit & Fabulous 1:00 Journaling Into Fiction Class 11:00 ZOOM: Word Games		19 9:15 Pickleball 11:00 Arthritis Exercise 12:30 Krafters 10:00 Community Sing Along 12:30 Fiberazzi 1:00 ZOOM: Social		20 9:15 Pickleball 9:30 Fit & Fabulous 9:30 Health Care Counseling 12:30 Cribbage 10:00 Community Sing Along	21 9:15 Pickleball 9:30 Bridge I 11:00 Arthritis Exercise 12:30 Bridge II 9:30 Fit & Fabulous 11:00 Bingo (also on ZOOM) 2:00 ZOOM: Dice Games	22 10:30 Scrabble 12:30 Cards
25 9:15 Pickleball 9:30 Fit & Fabulous 1:00 Journaling Into Fiction Class 11:00 ZOOM: Word Games		26 9:15 Pickleball 11:00 Arthritis Exercise 12:30 Krafters 10:30 Gym Walking 12:30 Fiberazzi 1:00 ZOOM: Social		27 9:15 Pickleball 9:30 Fit & Fabulous 12:30 Cribbage	28 9:15 Pickleball 9:30 Bridge I 11:00 Arthritis Exercise 12:30 Bridge II 9:30 Fit & Fabulous 2:00 ZOOM: Dice Games	29 10:30 Scrabble 12:30 Cards

