

The food shelves below appear in order of proximity to the Midway Food Shelf.

## **Northstar Health Community Food Shelf – 2 mi**

995 University Ave W, Ste B08 (located in basement) St. Paul, MN 55104

**Hours:** By appointment only; Wednesdays 5–7PM; Saturdays 10AM–12PM

**Phone:** (651) 243-0472

**Translation Services:** Translated material available online

## **River of Life Food Pantry – 2.5 mi**

999 Selby Ave, St. Paul, MN 55104

**Hours:** 1st Saturday of every month from 11AM–1PM

**Phone:** (651) 290-2348

## **Feeding Frogtown – 3.0 mi**

685 W Minnehaha Ave, St. Paul, MN 55104

**Hours:** 3–6 PM – every other Friday

**Phone:** (651) 900-5094

**Translation Services:** Karen, Arabic & Spanish speaking staff and volunteers

## **Hallie Q. Brown – 3.2 mi**

270 N Kent Street, St. Paul, MN 55102

**Hours:** Call to make an afternoon appointment

**Phone:** (651) 224-4607

## **Nourish Food Shelf – 3.3 mi**

451 Central Ave W, St. Paul, MN, 55103

**Hours:** Saturday, 10AM–12PM

**Phone:** (651) 227-4444 ext. 111

**Translation Services:** Occasional Spanish speaking volunteers and Google translate

## **iHelp MarketSquare– 3.5 mi**

900 Dale St N, St. Paul, MN 55103

**Hours:** Tuesday & Thursday 2–4PM or call for an appointment

**Phone:** (651) 488-4463

## **Francis Basket Food Market – 4.3 mi**

1293 E Maynard Dr #410, St. Paul MN 55116

**Hours:** Monday: 9–11:30AM; Tuesday & Wednesday: 9–11:30AM and 1–4PM

**Phone:** (651) 789-3630

**Translation Services:** Spanish and Karen interpretation

## **Salvation Army – Citadel – 4.6 mi**

401 7th St. W, St. Paul, MN 55102

**Hours:** Monday & Wednesday 9–11AM; Tuesday & Thursday 1–3PM

**Phone:** (651) 224-4316

**Translation Services:** Spanish and ASL interpretation available

## **Canasta Familiar – 5.8 mi**

771 Margaret St, St. Paul, MN 55106

**Hours:** Monday 3–5PM

**Phone:** (651) 444-2156

**Translation Services:** Spanish interpretation available

## **Salvation Army – East – 6.1 mi**

1019 Payne Ave, St. Paul, MN 55130

**Hours:** Tuesday & Thursday 9:00–11:00am and 1:00–3:00pm

**Phone:** 1-800-725-2769

The food shelves below appear in order of proximity to the Midway Food Shelf.

## **Wellstone Center Food Market – 6.2 mi**

*179 E Robie Street, St. Paul, MN 55107*

**Hours:** Monday 1–4 PM and 5–6:30PM;  
Tuesday-Friday 9–11:30AM and 1–3PM

**Phone:** (651) 789-3630

## **Fruit of the Vine – 7.1 mi**

*1280 Arcade Street, St. Paul, MN 55106*

**Hours:** Saturday 9AM–12PM; Tuesday 3–6 PM; \*Friday 11AM – 1PM (\*crisis appointment orders)

**Phone:** (952) 595-5980

## **Merrick Food Shelf – 7.6 mi**

*1669 Arcade St, St. Paul, MN 55106*

**Hours:** Monday 3–5PM; Tuesday-Thursday 10AM–12PM (Mon & Tues is drive-thru)

**Phone:** (651) 287-2088

**Translation Services:** Spanish and Hmong interpretation available

## **Fishes & Loaves Food Shelf – 8.2 mi**

*1505 Burns Ave, St. Paul, MN 55106*

**Hours:** Saturdays 10:30AM–12PM

**Phone:** (651) 888-6011

**Translation Services:** Google translate

## **Sanneh Foundation**

*Multiple Locations*

**Hours:** Call or email for most up-to-date schedule; seasonal scheduling

**Phone:** (651) 690-4855

**Email:** [info@thesannehfoundation.org](mailto:info@thesannehfoundation.org)

**Translation Services:** Occasional Spanish, Hmong and Karen speaking staff and volunteers

## **FOCUS Minnesota – 4.5 mi**

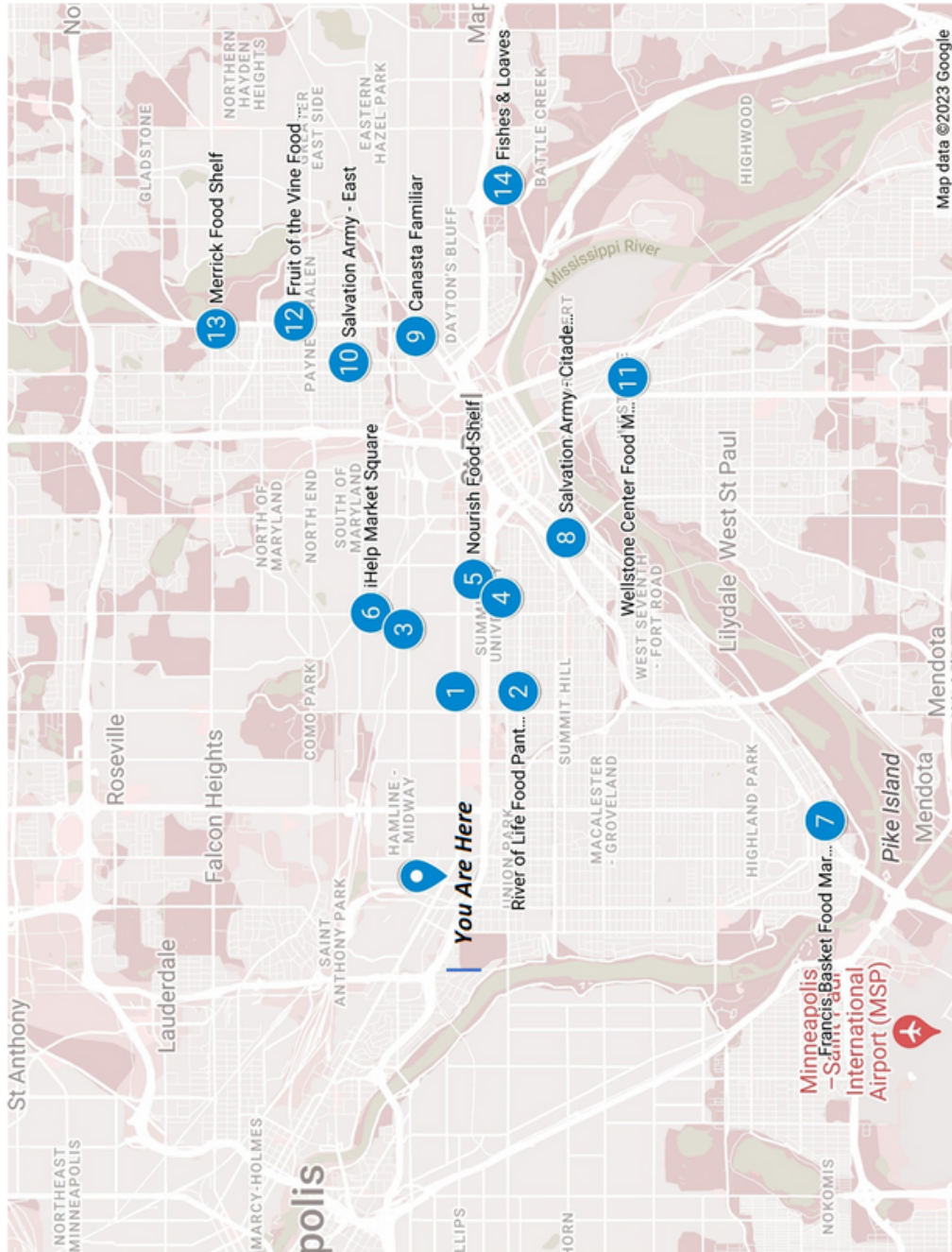
*550 Rice Street, St. Paul, MN 55103*

**Hours:** 3rd Saturday of the month from 10:00–11:30AM

**Translation Services:** Occasionally, otherwise staff help translate to the best of their ability

# Saint Paul Food Resources

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- 1 Northstar Health Community Food Shelf
- 2 River of Life Food Pantry
- 3 Feeding Frogtown
- 4 Hallie Q. Brown
- 5 Nourish Food Shelf
- 6 iHelp Market Square
- 7 Francis Basket Food Market
- 8 Salvation Army – Citadel
- 9 Canasta Familiar
- 10 Salvation Army – East
- 11 Wellstone Center Food Market
- 12 Fruit of the Vine Food Shelf
- 13 Merrick Food Shelf
- 14 Fishes & Loaves

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## **iHelp MarketSquare – 2.3 mi**

*900 Dale St N, St. Paul, MN 55103*

**Hours:** Tuesday & Thursday 2–4PM or call for an appointment

**Phone:** (651) 488-4463

## **Fruit of the Vine – 2.4 mi**

*1280 Arcade Street, St. Paul, MN 55106*

**Hours:** Saturday 9AM–12PM; Tuesday 3–6 PM; \*Friday 11AM – 1PM (\*crisis appointment orders)

**Phone:** (952) 595-5980

## **Merrick Food Shelf – 2.4 mi**

*1669 Arcade St, St. Paul, MN 55106*

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## **Salvation Army – Citadel – 3.4 mi**

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interpretation

## **Sanneh Foundation**

*Multiple Locations*

**Hours:** Call or email for most up-to-date schedule;  
seasonal scheduling

**Phone:** (651) 690-4855

**Email:** [info@thesannehfoundation.org](mailto:info@thesannehfoundation.org)

**Translation Services:** Occasional Spanish, Hmong  
and Karen speaking staff and volunteers

## **FOCUS Minnesota – 1.9 mi**

*550 Rice Street, St. Paul, MN 55103*

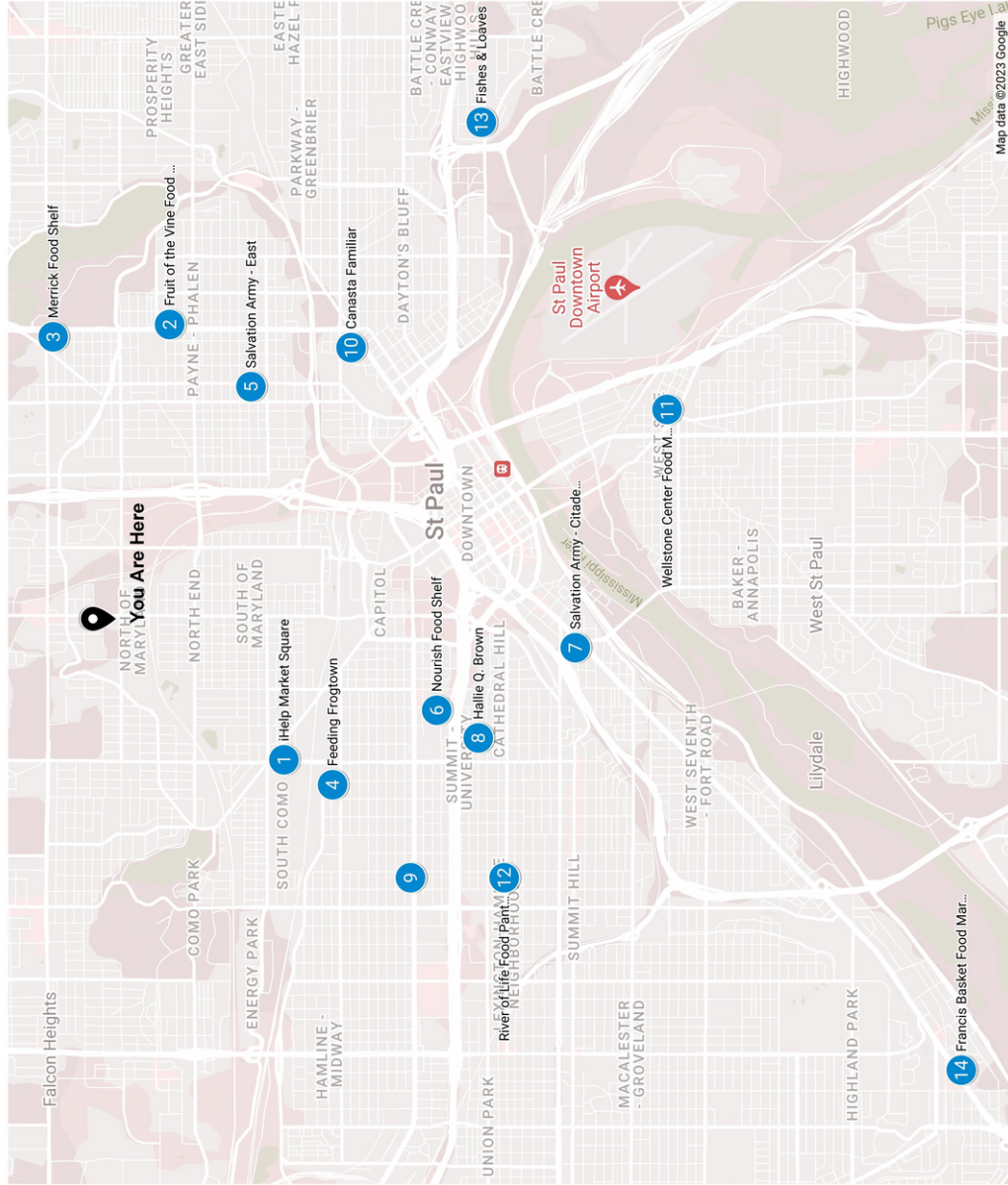
**Hours:** 3rd Saturday of the month from  
10:00–11:30AM

**Translation Services:** Occasionally,  
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their ability



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