

# We're Hosting a Food Drive *for Keystone Community Services*

## Most Needed Items

### Food:

- **Canned foods** - soups, vegetables, beans, and fruits with easy pop lids
- **Shelf-stable proteins and grains** - peanut butter, pasta, beans, oats, meats, fish, and rice, and cereal
- **Cooking staples** - sugar, flour, oil, soy sauce, and fish sauce
- **Quick to eat foods** - boxed or microwave meals, granola bars, snacks, and ramen

### Non-Food:

- **Household items** - toilet paper, dish soap, and laundry detergent
- **Personal hygiene** - bar soap, toothpaste, floss, mouthwash, shampoo and conditioner
- **Baby items** - diapers, wipes, food, and formula
- **Menstrual products** - pads, tampons, feminine wipes

## Your support is vital at this time!

Keystone's food shelves have seen a huge increase in food insecurity as grocery costs continue to rise. Your cash donations help too! Your financial contributions allow Keystone to buy items in bulk to stock our food shelves.

**\$25 =  
75 nutritious meals!**



**Your donation will help more people put food on their tables!**

To learn more about Keystone, or if you'd like to give a monetary gift, please visit our website:  
[www.keystoneservices.org](http://www.keystoneservices.org)